

**Sample CHRISTMAS BREAK**  
**Program at Royal Wilanów - DECEMBER 2025**  
**Days: 22 - 24.12.2025**  
**Hours: 09:00 AM - 5:00 PM**

09:00 - 09:45 Integration + Second Breakfast (+ Christmas Kakao)  
09:45 - 11:00 Christmas Handcraft  
11:00 - 11:30 Breath and Relax  
11:30 - 13:00 Christmas Cooking Workshops (Christmas deserts and other traditional)  
13:00 - 14:30 Lunch  
14:30 - 15:30 Workshops (sports)  
15:30 - 17:00 Christmas Workshops (culture, rituals, history of the holidays, reading holiday books, recording Christmas carols)

**Artistic Activities:**

**Artistic Classes 1** - Drawing, painting, photography, comics, design

**Artistic Classes 2** - Music (instruments), dance, singing, acting, karaoke, conducting

**Artistic Classes 3** - Cinema, confectionery, reading books, meetings with interesting people

**Word Activities** - Writing books, keeping a journal, creating comics

**Language Classes** - Games and activities conducted in English, French, and Spanish

**Concentration and Breathing Classes** - Yoga, meditation, breathing, concentration

Psychological Classes - Emotional awareness

**Sports Classes** - Football, ARTIS gym, personal training sessions, basketball, volleyball

**Logic Classes** - Dicit, puzzles prepared by the team of Instructors, team games based on solving tasks, illusions, math riddles, historical riddles.

Types of Activities within the **CHRISTMAS BREAK WORKSHOPS at Royal Wilanów:**  
(MONDAY, TUESDAY, WEDNESDAY from 09:00 to 17:00)

- Physical activities and sports training
- Cook with us
- Breakfast workshops - how to prepare a healthy meal?
- Artistic animations with singing, dancing, instruments, conducting, production
- Language games (English and Spanish)
- Clothing design course
- Workshops in painting, comics, animation
- Dubbing workshops
- Acting, music, and dance classes
- Workshops on emotional awareness
- Meetings with interesting professions
- Photography workshops
- Educational and integrative games and activities

- Relaxation techniques + breathing
- Yoga + meditation
- Meetings with a psychologist
- Medical care
- Team games
- Puzzles
- Math riddles
- Historical information
- Solving riddles (logic)
- Illusion
- Singing Christmas carols
- Cooking holiday dishes
- Making Christmas decorations

During the workshops, we will learn about holiday traditions from different nationalities, prepare festive dishes, bake and decorate gingerbread cookies, wrap gifts, make presents for our families, and sing Christmas carols.